OHYES! Report for Columbiana County Mental Health & Recovery Services Board - 2015-2016

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Background

Nationally, trends in youth behaviors and risk and protective factors are measured using school-based surveys such as the Monitoring the Future Survey (MTF) and the Centers for Disease Control and Prevention's Youth Risk Behavior Survey (YRBS) and Youth Tobacco Survey (YTS). These surveys provide valuable national and state-level data; however, they do not provide county or school district-level data. Communities have needed access to local data to address community-specific needs and to conduct health assessments. Over the years, they have deployed a wide variety of local surveys in an attempt to address these needs, often investing substantial resources to have private survey companies collect the local data. Having many different survey instruments, means the results are then not always comparable across surveys nor over time, and counties and districts cannot usually benchmark results to state or regional samples. Consequently, communities across Ohio have repeatedly called for an inexpensive and valid survey of youth to guide local policy, program development and implementation efforts.

About the OHYES!

Purpose

The Ohio Healthy Youth Environments Survey (OHYES!) is a collaborative effort of the Ohio Departments of Education, Health and Mental Health and Addiction Services, Ohio National Guard and representatives from higher education, juvenile courts, foundations, and community service providers.

There are two main purposes with OHYES! First, the OHYES! addresses the need for data on local trends in youth behaviors and risk and protective factors. Second, it helps community-based organizations meet federal grant reporting requirements, including ones from: Strategic Prevention Framework Partnerships for Success, Drug Free Communities, Safe Schools and Healthy Students, Communities that Care Grants, and the Substance Abuse and Mental Health Services Administration (SAMHSA) Prevention and Treatment Block Grant National Outcome Measures (NOMs). Additionally, the OHYES! data may help communities when applying for local grants through foundations such as the United Way. It may also help communities meet the requirements for local health department needs assessments.

Instrument

The OHYES! survey questions cover the following topics: Demographics, Alcohol & Tobacco/Vapor Products, Marijuana & Other Drugs, Bullying, Safety & School Climate, Physical Health & Well-being, Mental Health & Gambling, Parental Attitudes of Substance Use, Community, Family & Peer Factors, and School Success. Schools may administer the standard OHYES! survey instrument, which includes 101 questions. In addition, school districts may choose to use an optional version that includes ten questions that could be sensitive to some communities (sexual behavior and suicide). This report includes all 111-items that appear on the optional version of the survey. Please see table notes for items that only appear on the optional version of the survey and are not asked when schools administer the standard version of the instrument. Currently, the survey instrument is only available in English. More information about the survey and copies of the survey instrument can be found on the OHYES! website at ohyes.ohio.gov.

Survey Administration

The OHYES! is a voluntary, web-based survey that is available to schools free of charge. The survey is scheduled to be conducted every four years, but may be administered more frequently, if a community identifies a need. All students in Ohio schools in grades 7 through 12 (age 12 or older) are eligible to participate. Superintendents and principals are solicited to have their schools complete the survey; they select the grades and percentage of students in those grades to participate.

Confidentiality

Survey administrators are provided protocols to ensure the privacy and confidentiality of the survey participants. Since the OHYES! is a web-based application, no information is collected or stored on school servers, and individual identification numbers are not collected. The data from the web application is collected and stored on secured, encrypted, and password protected servers at the Ohio Department of Mental Health and Addiction Services (OhioMHAS).

Consent

Prior to the survey administration, parents are notified and provided information about the survey. Then, they have three weeks to submit an Opt-Out Form to exclude their child from participating. At the beginning of the survey, participating students are asked for their agreement to answer the survey questions. Students have the option to skip a question and quit the survey at any time.

About this Report

Participants

Columbiana County Mental Health & Recovery Services Board counties in Ohio that participated in the OHYES! survey during the 2015-2016 school year include: Columbiana County. This report also includes results for all Ohio students who participated in the OHYES! survey during the 2015-2016 school year. For more information on OHYES! participation by school year, please visit the results section of the OHYES! website at ohyes.ohio.gov/Results.

Limitations

As a reminder, the OHYES! was designed to provide actionable local data for district superintendents and school principals based on a voluntary sample of surveyed youth. They OHYES! data were collected based on a descriptive, cross-sectional survey design, with a non-probability sampling method. The voluntary nature of the survey means that the OHYES! results are not generalizable to all Ohio youth. Further, county-level OHYES! results may not represent all students in a given county or school district. Any interpretations from the OHYES! data must keep these limitations in mind. This report may not provide numbers that are an exact match the reports available on the Ohio Department of Health (ODH) Public Health Data Warehouse. This is due to ODH data suppression rules and differing data subset criteria.

Report Preparation

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A. Demographics

OHYES! participants

Table 1: Participants

	OHYES!		Board	
Response	n	%	n	%
Participants	40033	100.00	181	100.00
Total	40033	100.00	181	100.00

How old are you?

Table 2: Age

	OHYES!		Board	
Response	n	%	n	%
12 years old	7688	19.47	35	19.34
13 years old	7969	20.19	49	27.07
14 years old	5406	13.69	39	21.55
15 years old	4893	12.39	8	4.42
16 years old	7652	19.38	16	8.84
17 years old	4738	12.00	24	13.26
18 years old or older	1131	2.86	10	5.52
Total	39477	100.00	181	100.00

Note that there were missing values of age for 556 cases among OHYES! participants and 0 cases among board participants.

What is your sex?

Table 3: Gender

	OHYES!		Board	
Response	n	%	n	%
Male	20345	50.97	93	51.67
Female	19035	47.68	86	47.78
Transgender	188	0.47	1	0.56
Gender Nonconforming	351	0.88	0	0.00
Total	39919	100.00	180	100.00

Note that there were missing values of gender for 114 cases among OHYES! participants and 1 cases among board participants.

In what grade are you?

Table 4: Grade

	OHYES!		Board	
Response	n	%	n	%
7th grade	11763	29.64	61	33.70
8th grade	6227	15.69	69	38.12
9th grade	5049	12.72	0	0.00
10th grade	4698	11.84	1	0.55
11th grade	8860	22.33	26	14.36
12th grade	2932	7.39	24	13.26
Ungraded or other grade	154	0.39	0	0.00
Total	39683	100.00	181	100.00

Note that there were missing values of grade for 350 cases among OHYES! participants and 0 cases among board participants.

Are you Hispanic or Latino?

Table 5: Hispanic Origin

	OHYES!		Board	
Response	n	%	n	%
No	36489	93.96	174	97.21
Yes	2347	6.04	5	2.79
Total	38836	100.00	179	100.00

Note that there were missing values of Hispanic origin for 1197 cases among OHYES! participants and 2 cases among board participants.

How do you describe yourself?

Table 6: Race and Hispanic Origin

	OHYES!		Board	
Response	n	%	n	%
Black or African American (non-Hispanic)	2579	6.52	16	8.84
White (non-Hispanic)	28451	71.98	128	70.72
Hispanic/Latino	2347	5.94	5	2.76
All other races (non-Hispanic)	2913	7.37	12	6.63
Multiple races (non-Hispanic)	3239	8.19	20	11.05
Total	39529	100.00	181	100.00

Note that there were missing values of race and Hispanic origin for 504 cases among OHYES! participants and 0 cases among board participants.

Among those who identified as Hispanic or Latino: How do you describe yourself?

Table 7: Hispanic Origin and Race

	OHYES!		Board	
Response	n	%	n	%
Hispanic - Black or African-American	250	10.65	1	20.00
Hispanic - No Race Specified	415	17.68	0	0.00
Hispanic - Other	527	22.45	3	60.00
Hispanic - White	1155	49.21	1	20.00
Total	2347	100.00	5	100.00

Note that there were missing values of Hispanic origin and race for 0 cases among OHYES! participants and 0 cases among board participants.

Which of the following best describes you?

Table 8: Sexual Orientation

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.

Is your father, mother or caretaker currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

Table 9: Parent in Military

	OHYES!		Board	
Response	n	%	n	%
No	37672	94.96	169	94.41
Yes	1237	3.12	6	3.35
Don't know	763	1.92	4	2.23
Total	39672	100.00	179	100.00

Note that there were missing values of parent in military for 361 cases among OHYES! participants and 2 cases among board participants.

How many times have you ever moved to a new address?

Table 10: Number of times moved to new address

	OHYES!		Board	
Response	n	%	n	%
0 times	8883	22.47	40	22.10
1 time	10434	26.40	39	21.55
2 times	5134	12.99	19	10.50
3 times	5241	13.26	27	14.92
4 or more times	9836	24.88	56	30.94
Total	39528	100.00	181	100.00

Note that there were missing values of number of times moved to new address for 505 cases among OHYES! participants and 0 cases among board participants.

B. Family, School, and Community Environment

1. Community Environments

There are a lot of adults in my neighborhood (town, community) I could talk to about something important.

Table 11: There are a lot of adults in the neighborhood (town, community) to talk to about something important

	OHYES!		Board	
Response	n	%	n	%
No	16540	46.48	76	45.51
Yes	19042	53.52	91	54.49
Total	35582	100.00	167	100.00

Note that there were missing values of adults in the neighborhood (town, community) to talk to about something important for 4451 cases among OHYES! participants and 14 cases among board participants.

On how many of the past 7 days did you take part in organized after school, evening or weekend activities (other than sports teams) such as school clubs, community center groups, music/art/dancing lessons, drama, church or other supervised activities?

Table 12: Number of days participated in organized after school, evening or weekend activities in the last 7 days

	OHYES!		Board	
Response	n	%	n	%
0 days	14456	40.18	84	48.55
1 day	4967	13.80	17	9.83
2 days	4149	11.53	15	8.67
3 days	2853	7.93	12	6.94
4 days	2640	7.34	11	6.36
5 days	2409	6.70	13	7.51
6 days	1366	3.80	10	5.78
7 days	3140	8.73	11	6.36
Total	35980	100.00	173	100.00

Note that there were missing values of number of days participated in organized after school, evening or weekend activities in the last 7 days for 4053 cases among OHYES! participants and 8 cases among board participants.

2. Family and Peer Factors

My parents talk to me about what I do in school.

Table 13: Level of agreement that parents talk to them about what they do in school

	OHYES!		Board	
Response	n	%	n	%
Strongly disagree	1627	4.43	12	6.86
Disagree	2408	6.56	9	5.14
Neutral	7332	19.98	41	23.43
Agree	15294	41.69	74	42.29
Strongly agree	10027	27.33	39	22.29
Total	36688	100.00	175	100.00

Note that there were missing values of level of agreement that parents talk to them about what they do in school for 3345 cases among OHYES! participants and 6 cases among board participants.

My parents push me to work hard at school.

Table 14: Level of agreement that parents push them to work harder at school

	OHYES!		Board	
Response	n	%	n	%
Strongly disagree	856	2.34	4	2.27
Disagree	966	2.64	3	1.70
Neutral	4813	13.15	27	15.34
Agree	12481	34.11	66	37.50
Strongly agree	17473	47.75	76	43.18
Total	36589	100.00	176	100.00

Note that there were missing values of level of agreement that parents push them to work harder at school for 3444 cases among OHYES! participants and 5 cases among board participants.

During the past 12 months, how often did your parents check on whether you had done your homework?

Table 15: Frequency that parents check homework

	OHYES!		Board	
Response	n	%	n	%
Never or almost never	6569	17.92	30	16.95
Sometimes	7786	21.24	33	18.64
Often	8033	21.92	46	25.99
All the time	14266	38.92	68	38.42
Total	36654	100.00	177	100.00

Note that there were missing values of frequency that parents check homework for 3379 cases among OHYES! participants and 4 cases among board participants.

During the past 12 months, how often did your parents limit the amount of time you watched TV or time with your friends on school nights?

Table 16: Frequency parents limit the amount of time watching TV or with friends on school nights

	OHYES!		Board	
Response	n	%	n	%
Never or almost never	17052	47.46	73	43.20
Sometimes	10777	29.99	60	35.50
Often	4774	13.29	26	15.38
All the time	3328	9.26	10	5.92
Total	35931	100.00	169	100.00

Note that there were missing values of frequency parents limit the amount of time watching TV or with friends on school nights for 4102 cases among OHYES! participants and 12 cases among board participants.

What best describes your parent's rules about social media in your bedroom (T.V., internet, cell phone, computer, video games, iPod, etc.)?

Table 17: Parents rules about media in bedroom

	OHYES!		Board	
Response	n	%	n	%
My parents don't have any rules	21147	59.18	105	61.40
My parents have rules of when I have to turn off media in my bedroom	11973	33.51	56	32.75
My parents don't let me have any media in my bedroom	2612	7.31	10	5.85
Total	35732	100.00	171	100.00

Note that there were missing values of frequency parents rules about media in bedroom for 4301 cases among OHYES! participants and 10 cases among board participants.

3. Safety and Violence

I feel safe in my neighborhood (town, community).

Table 18: Feel safe in neighborhood

	OHYES!		Board	
Response	n	%	n	%
No	3544	8.97	39	22.03
Yes	35951	91.03	138	77.97
Total	39495	100.00	177	100.00

Note that there were missing values of feel safe in neighborhood for 538 cases among OHYES! participants and 4 cases among board participants.

Adverse Childhood Experiences (ACEs) are categorized into two groups on the OHYES! ACE module: abuse and family/household challenges. Each category is further divided into multiple subcategories. ACEs are associated with violence victimization and perpetration, and health and opportunity across the lifespan. As the number of ACEs increase, so does the risk for negative outcomes.

Adverse Childhood Experiences (ACEs) by category.

Table 19: Adverse Childhood Experiences (ACEs) by category

	OHYES!			Board		
	Yes	Respondents	%	Yes	Respondents	%
Abuse						
Physical Abuse	2802	38640	7.25	11	175	6.29
Emotional Abuse	10710	38640	27.72	58	175	33.14
Household Challenges						
Witnessed Domestic Violence	2758	38640	7.14	18	175	10.29
Household Mental Illness	7800	38897	20.05	42	178	23.60
Household Substance Abuse	8169	38897	21.00	45	178	25.28
Parental Separation or Divorce	14938	38640	38.66	96	175	54.86
Incarcerated Household Members	4999	38897	12.85	36	178	20.22

Note that the number of missing values varies by ACE subcategory. Under some conditions you may not see a row for Sexual Abuse in the table. This is because these items only appear on the optional version of the survey instrument, and so either the participating school(s) did not complete that module or because students did not respond to the Sexual Abuse questions.

Number of Adverse Childhood Experiences

Table 20: Number of Adverse Childhood Experiences

	OHYES!		Board	
Response	n	%	n	%
0	16497	41.92	56	31.28
1	9846	25.02	45	25.14
2	5180	13.16	30	16.76
3	3158	8.02	17	9.50
4 or more	4672	11.87	31	17.32
Total	39353	100.00	179	100.00

Note that there were missing values of number of adverse childhood experiences for 680 cases among OHYES! participants and 2 cases among board participants.

4. School Climate and Safety

In the past year, how often did you feel safe and secure at school?

Table 21: How often feel safe at school last year

	OHYES!		Board	
Response	n	%	n	%
Never	879	2.22	3	1.66
Rarely	1059	2.68	9	4.97
Sometimes	4104	10.38	29	16.02
Most of the time	16575	41.92	90	49.72
All of the time	16923	42.80	50	27.62
Total	39540	100.00	181	100.00

Note that there were missing values of how often students felt safe and secure at school for 493 cases among OHYES! participants and 0 cases among board participants.

During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

Table 22: Number of days did not go to school during the past 30 days because of feeling unsafe at school or on the way to or from school

	OHYES!		Board	
Response	n	%	n	%
0 days	36530	92.16	166	92.22
1 day	1577	3.98	6	3.33
2 or 3 days	965	2.43	6	3.33
4 or 5 days	237	0.60	1	0.56
6 or more days	330	0.83	1	0.56
Total	39639	100.00	180	100.00

Note that there were missing values of number of days students did not go to school during the past 30 days because of feeling unsafe at school or on the way to or from school for 394 cases among OHYES! participants and 1 cases among board participants.

During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

Table 23: Number of times threatened by someone with a weapon on school property last year

	OHYES!		Board	
Response	n	%	n	%
0 times	36110	92.19	162	92.05
1 time	1716	4.38	4	2.27
2 or 3 times	824	2.10	7	3.98
4 or 5 times	167	0.43	2	1.14
6 or more times	351	0.90	1	0.57
Total	39168	100.00	176	100.00

Note that there were missing values of times students were threatened by someone with a weapon on school property last year for 865 cases among OHYES! participants and 5 cases among board participants.

What types of bullying have you experienced in the past 12 months? Note: Respondents could select all that apply.

Table 24: What types of bullying have you experienced in the past 12 months?

	OHYES!		Board	
	Yes	%	Yes	%
Hit, kicked, punched, or people took belongings	3861	9.85	26	14.44
Teased, taunted, or called harmful names	10655	27.19	55	30.56
Spread mean rumors about or kept out of a group	8283	21.14	45	25.00
Teased, taunted, or threatened by e-mail, cell phone, or other electronic methods	3163	8.07	14	7.78
Nude or semi-nude pictures used to pressure someone to have sex that does not want to, blackmail, intimidate, or exploit another person	893	2.28	5	2.78
None of the above	24948	63.67	103	57.22

Note that there were missing values of types of bullying experienced for 851 cases among OHYES! participants and 1 cases among board participants. Denominators for percentages are based on 39182 available cases among OHYES! participants and 180 available cases among board participants.

Among those who have experienced bullying in the past 12 months: During the past 12 months, have you ever been bullied on school property?

Table 25: Bullied on school property last year

	OHYES!		Board	
Response	n	%	n	%
No	5226	37.18	32	42.11
Yes	8830	62.82	44	57.89
Total	14056	100.00	76	100.00

Note that there were missing values of bullied on school property last year for 178 cases among OHYES! participants and 1 cases among board participants.

Among those who have experienced bullying in the past 12 months: During the past 12 months, have you ever been electronically bullied?

Table 26: Electronically bullied last year

	OHYES!		Board	
Response	n	%	n	%
No	8940	63.72	49	65.33
Yes	5091	36.28	26	34.67
Total	14031	100.00	75	100.00

Note that there were missing values of electronically bullied last year for 203 cases among OHYES! participants and 2 cases among board participants.

During the past 12 months, how many times were you in a physical fight?

Table 27: Number of times in a physical fight last year

	OHYES!		Board	
Response	n	%	n	%
0 times	32719	82.77	142	79.78
1 time	4113	10.41	21	11.80
2 to 5 times	2038	5.16	11	6.18
6 or more times	658	1.66	4	2.25
Total	39528	100.00	178	100.00

Note that there were missing values of number of times in a physical fight last year for 505 cases among OHYES! participants and 3 cases among board participants.

Among those who were in a physical fight in the past 12 months: During the past 12 months, how many times were you in a physical fight on school property?

Table 28: Number of times in a physical fight on school property during the past year

	OHYES!		Board	
Response	n	%	n	%
0 times	3830	57.71	16	44.44
1 time	2060	31.04	17	47.22
2 to 5 times	581	8.75	2	5.56
6 or more times	166	2.50	1	2.78
Total	6637	100.00	36	100.00

Note that there were missing values of number of times in a physical fight on school property during the past year for 172 cases among OHYES! participants and 0 cases among board participants.

5. School Connectedness and Success

During the past 12 months, how would you describe your grades in school?

Table 29: Academic performance last year

	OHYES!		Board	
Response	n	%	n	%
Mostly A's	19510	49.23	72	40.00
Mostly B's	12852	32.43	61	33.89
Mostly C's	4105	10.36	29	16.11
Mostly D's	777	1.96	3	1.67
Mostly F's	329	0.83	1	0.56
None of these grades	151	0.38	0	0.00
Not sure	1903	4.80	14	7.78
Total	39627	100.00	180	100.00

Note that there were missing values of academic performance last year for 406 cases among OHYES! participants and 1 cases among board participants.

I enjoy coming to school.

Table 30: Level of enjoyment in coming to school

	OHYES!		Board	
Response	n	%	n	%
Strongly disagree	4832	13.07	33	18.64
Disagree	4543	12.29	28	15.82
Neutral	14849	40.16	73	41.24
Agree	9931	26.86	31	17.51
Strongly agree	2817	7.62	12	6.78
Total	36972	100.00	177	100.00

Note that there were missing values of level of enjoyment in coming to school for 3061 cases among OHYES! participants and 4 cases among board participants.

I feel like I belong at my school.

Table 31: Level of belonging at school

	OHYES!		Board	
Response	n	%	n	%
Strongly disagree	3229	8.77	22	12.43
Disagree	3541	9.62	16	9.04
Neutral	11127	30.22	64	36.16
Agree	13414	36.43	47	26.55
Strongly agree	5508	14.96	28	15.82
Total	36819	100.00	177	100.00

Note that there were missing values of level of belonging at school for 3214 cases among OHYES! participants and 4 cases among board participants.

I can go to adults at my school for help if I needed it.

Table 32: Level of support from adults at school

	OHYES!		Board	
Response	n	%	n	%
Strongly disagree	2810	7.62	12	6.74
Disagree	3317	9.00	17	9.55
Neutral	8974	24.34	60	33.71
Agree	13726	37.24	57	32.02
Strongly agree	8036	21.80	32	17.98
Total	36863	100.00	178	100.00

Note that there were missing values of level of support from adults at school for 3170 cases among OHYES! participants and 3 cases among board participants.

My school provides various opportunities to learn about and appreciate different cultures and ways of life.

Table 33: Level of cultural opportunities available at school

	OHYES!		Board	
Response	n	%	n	%
Strongly disagree	2501	6.83	11	6.25
Disagree	3621	9.88	33	18.75
Neutral	10376	28.32	61	34.66
Agree	13634	37.21	57	32.39
Strongly agree	6508	17.76	14	7.95
Total	36640	100.00	176	100.00

Note that there were missing values of level of cultural opportunities available at school for 3393 cases among OHYES! participants and 5 cases among board participants.

6. Prevention Message

During the past 12 months, do you recall hearing, reading, or watching an advertisement about the prevention of substance use?

Table 34: Hearing, reading, or watching an advertisement about substance use prevention last year

	OHYES!		Board	
Response	n	%	n	%
No	11569	30.33	67	38.07
Yes	26572	69.67	109	61.93
Total	38141	100.00	176	100.00

Note that there were missing values of hearing, reading, or watching an advertisement about substance use prevention last year for 1892 cases among OHYES! participants and 5 cases among board participants.

During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? By parents, we mean either your biological parents, adoptive parents, stepparents, or adult guardians, whether or not they live with you?

Table 35: Parents have discussed the dangers of substance use with you within the last year

	OHYES!		Board	
Response	n	%	n	%
No	18087	47.43	91	51.41
Yes	20044	52.57	86	48.59
Total	38131	100.00	177	100.00

Note that there were missing values of parents have discussed the dangers of substance use with you within the last year for 1902 cases among OHYES! participants and 4 cases among board participants.

7. Vehicle Safety

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

Table 36: Number of times in past 30 days rode in a car driven by someone who had been drinking

	OHYES!		Board	
Response	n	%	n	%
0 times	35135	88.80	158	89.27
1 time	2120	5.36	13	7.34
2 or 3 times	1379	3.49	4	2.26
4 or 5 times	262	0.66	0	0.00
6 or more times	670	1.69	2	1.13
Total	39566	100.00	177	100.00

Note that there were missing values of number of times in past 30 days rode in a car driven by someone who had been drinking for 467 cases among OHYES! participants and 4 cases among board participants.

During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

Table 37: Number of times in past 30 days drove a car when drinking

	OHYES!		Board	
Response	n	%	n	%
I did not drive a car or other vehicle during the past 30 days	19818	50.34	93	52.25
0 times	18929	48.08	81	45.51
1 time	322	0.82	3	1.69
2 or 3 times	163	0.41	1	0.56
4 or 5 times	27	0.07	0	0.00
6 or more times	108	0.27	0	0.00
Total	39367	100.00	178	100.00

Note that there were missing values of number of times in past 30 days drove a car when drinking for 666 cases among OHYES! participants and 3 cases among board participants.

Among those reporting they did drive a car or other vehicle in the past 30 days: During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

Table 38: Texted or emailed while driving

	OHYES!		Board	
Response	n	%	n	%
0 days	12914	74.00	60	81.08
1 or 2 days	1522	8.72	6	8.11
3 to 5 days	744	4.26	0	0.00
6 to 9 days	491	2.81	0	0.00
10 to 19 days	570	3.27	3	4.05
20 to 29 days	366	2.10	0	0.00
All 30 days	845	4.84	5	6.76
Total	17452	100.00	74	100.00

Note that there were missing values of texted or emailed while driving for 2097 cases among OHYES! participants and 11 cases among board participants.

C. Health and Well-being

1. Body Mass Index and Physical Activity

Body Mass Index – Calculated from the respondent's reported weight, height, and gender

Table 39: Body Mass Index

	OHYES!		Board	
Response	n	%	n	%
Underweight (Less than 5%)	1282	3.57	6	3.68
Normal or Healthy Weight (5% to 84%)	23995	66.88	88	53.99
Overweight (85% to 94%)	5754	16.04	38	23.31
Obese (95% and above)	4849	13.51	31	19.02
Total	35880	100.00	163	100.00

Note that there were missing values of body mass index for 4153 cases among OHYES! participants and 18 cases among board participants. Body Mass Index was not calculated for respondents selecting transgender or gender nonconforming.

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

Table 40: Number of days of physical activity of 60 plus minutes per day in the last week

	OHYES!		Board	
Response	n	%	n	%
0 days	3802	10.18	18	10.06
1 day	2026	5.42	9	5.03
2 days	2781	7.44	13	7.26
3 days	3649	9.77	14	7.82
4 days	4508	12.07	17	9.50
5 days	5478	14.66	24	13.41
6 days	4051	10.84	27	15.08
7 days	11065	29.62	57	31.84
Total	37360	100.00	179	100.00

Note that there were missing values of number of days of physical activity of 60 plus minutes per day in the last week for 2673 cases among OHYES! participants and 2 cases among board participants.

Which of the following are you trying to do about your weight?

Table 41: Efforts to change weight

	OHYES!		Board	
Response	n	%	n	%
Lose weight	15301	40.76	92	51.69
Gain weight	5102	13.59	21	11.80
Stay the same weight	6612	17.61	29	16.29
I am not trying to do anything about my weight	10525	28.04	36	20.22
Total	37540	100.00	178	100.00

Note that there were missing values of efforts to change weight for 2493 cases among OHYES! participants and 3 cases among board participants.

On an average school day, how many hours do you watch TV?

Table 42: Number of hours of TV watched on an average school day

	OHYES!		Board	
Response	n	%	n	%
I do not watch TV on an average school day	6677	17.76	23	12.85
Less than 1 hour per day	8313	22.11	31	17.32
1 hour per day	6650	17.68	27	15.08
2 hours per day	7793	20.72	42	23.46
3 hours per day	4371	11.62	24	13.41
4 hours per day	1709	4.54	16	8.94
5 or more hours per day	2091	5.56	16	8.94
Total	37604	100.00	179	100.00

Note that there were missing values of number of hours of TV watched on an average school day for 2429 cases among OHYES! participants and 2 cases among board participants.

On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?

Table 43: Number of hours playing video or computer games or using a computer for something that is not school work on an average school day

	OHYES!		Board	
Response	n	%	n	%
I do not play video or computer games or use a computer for something that is not school work	5543	14.82	20	11.17
Less than 1 hour per day	5808	15.53	24	13.41
1 hour per day	5016	13.41	15	8.38
2 hours per day	6402	17.12	24	13.41
3 hours per day	5094	13.62	27	15.08
4 hours per day	3316	8.87	21	11.73
5 or more hours per day	6225	16.64	48	26.82
Total	37404	100.00	179	100.00

Note that there were missing values of number of hours played video or computer games or used a computer for something that is not school work on an average school day for 2629 cases among OHYES! participants and 2 cases among board participants.

2. Nutrition

On average how many servings of fruits and vegetables do you have per day?

Table 44: Number of servings of fruits and vegetables eaten on an average day

	OHYES!		Board	
Response	n	%	n	%
1 to 4 servings per day	28237	75.99	137	76.54
5 or more servings per day	5833	15.70	20	11.17
0 - I do not like fruits or vegetables	1863	5.01	7	3.91
0 - I cannot afford fruits or vegetables	375	1.01	1	0.56
0 - I do not have access to fruits or vegetables	849	2.28	14	7.82
Total	37157	100.00	179	100.00

Note that there were missing values of number of servings of fruits and vegetables eaten on an average day for 2876 cases among OHYES! participants and 2 cases among board participants.

During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite?

Table 45: Number of times drank soda or pop in the last week

	OHYES!		Board	
Response	n	%	n	%
I did not drink soda or pop during the past 7 days	11996	32.30	40	22.35
1 to 3 times during the past 7 days	14838	39.95	63	35.20
4 to 6 times during the past 7 days	3787	10.20	28	15.64
1 time per day	2484	6.69	17	9.50
2 times per day	1941	5.23	15	8.38
3 times per day	839	2.26	8	4.47
4 or more times per day	1254	3.38	8	4.47
Total	37139	100.00	179	100.00

Note that there were missing values of number of times drank soda or pop in the last week for 2894 cases among OHYES! participants and 2 cases among board participants.

During the past 7 days, on how many days did you eat breakfast?

Table 46: Number of days ate breakfast during the last week

	OHYES!		Board	
Response	n	%	n	%
0 days	4659	12.57	21	11.73
1 day	2493	6.73	14	7.82
2 days	3451	9.31	22	12.29
3 days	2859	7.72	15	8.38
4 days	3018	8.14	15	8.38
5 days	3026	8.17	29	16.20
6 days	2483	6.70	11	6.15
7 days	15067	40.66	52	29.05
Total	37056	100.00	179	100.00

Note that there were missing values of number of days ate breakfast during the last week for 2977 cases among OHYES! participants and 2 cases among board participants.

3. Wellness Visit

When was the last time you saw a doctor or a nurse for a check-up when you were not sick or injured?

Table 47: Recency of visiting doctor or a nurse for a check-up when you were not sick or injured

	OHYES!		Board	
Response	n	%	n	%
During the past 12 months	21995	59.63	98	54.75
Between 12 and 24 months	3437	9.32	18	10.06
More than 24 months	1345	3.65	9	5.03
Never	2770	7.51	12	6.70
Not sure	7338	19.89	42	23.46
Total	36885	100.00	179	100.00

Note that there were missing values of recency of visiting doctor or a nurse for a check-up when you were not sick or injured for 3148 cases among OHYES! participants and 2 cases among board participants.

When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

Table 48: Recency of last visit to dentist for a check-up, exam, teeth cleaning, or other dental work

	OHYES!		Board	
Response	n	%	n	%
During the past 12 months	26501	72.13	113	64.57
Between 12 and 24 months	3617	9.84	21	12.00
More than 24 months	1580	4.30	10	5.71
Never	879	2.39	5	2.86
Not sure	4165	11.34	26	14.86
Total	36742	100.00	175	100.00

Note that there were missing values of recency of last visit to dentist for a check-up, exam, teeth cleaning, or other dental work for 3291 cases among OHYES! participants and 6 cases among board participants.

4. Concussion

During the past 12 months, did you suffer a blow or jolt to your head while playing with a sports team (either during a game or during practice) which caused you to get knocked out, have memory problems, double or blurry vision, headaches or pressure in the head, or nausea or vomiting?

Table 49: Suffered a head injury while playing with a sports team in the last year

	OHYES!		Board	
Response	n	%	n	%
No	31563	85.94	142	80.23
Yes	5163	14.06	35	19.77
Total	36726	100.00	177	100.00

Note that there were missing values of suffered a head injury while playing with a sports team in the last year for 3307 cases among OHYES! participants and 4 cases among board participants.

5. Tanning

During the past 12 months, how many times did you use an indoor tanning device such as sunlamp, sunbed or tanning booth?

Table 50: Number of times used an indoor tanning device in the last 12 months

	OHYES!		Board	
Response	n	%	n	%
0 times	34223	93.35	161	91.48
1 time	681	1.86	3	1.70
2 to 5 times	747	2.04	2	1.14
6 or more times	1011	2.76	10	5.68
Total	36662	100.00	176	100.00

Note that there were missing values of number of times used an indoor tanning device in the last 12 months for 3371 cases among OHYES! participants and 5 cases among board participants.

6. Sleep

On an average school night, how many hours of sleep do you get?

Table 51: Number of hours of sleep on average school night

	OHYES!		Board	
Response	n	%	n	%
4 hours or less	2731	6.90	8	4.42
5 hours	3998	10.10	10	5.52
6 hours	7550	19.07	39	21.55
7 hours	10301	26.02	43	23.76
8 hours	9803	24.76	54	29.83
9 hours	3926	9.92	18	9.94
10 or more hours	1285	3.25	9	4.97
Total	39594	100.00	181	100.00

Note that there were missing values of number of hours of sleep on average school night for 439 cases among OHYES! participants and 0 cases among board participants.

D. Mental Health

1. Patient Health Questionnaire for Psychological Distress

Subscales are used to assess anxiety and depression. Participants answer two questions on anxiety and two questions on depression with responses that range from "Not at all" to "Nearly every day." To create the subscales, each response is given a numerical value and the participant's responses for the two questions are summed up (score range, 0 to 6). A score of three or greater is considered positive for screening purposes.

Responses from the two questions on anxiety and the two questions on depression are assigned values and combined for each participant (score range, 0 to 12). A score of 6 or greater is considered positive for screening purposes.

Table 52: Patient Health Questionnaire for Psychological Distress (PHQ-4)

	OHYES!		Board	
Response	n	%	n	%
% with anxiety issues warranting further exploration by a mental health professional*	8858	22.35	25	13.81
% with depression issues warranting further exploration by a mental health professional*	6315	15.99	21	11.60
% with mental health issues warranting further exploration by a mental health professional*	6679	16.68	16	8.84

Note: *These cutoffs are based on published thresholds for the 95th percentile for the population on the PHQ-4, where survey items primarily assess depression and anxiety. These measures serve as a brief screening tool, as opposed to a comprehensive measure of mental health issues.

2. Suicide

During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

Table 53: In the past year felt sad or hopeless almost every day for two weeks or more in a row

	OHYES!		Board	
Response	n	%	n	%
No	30186	77.48	148	82.22
Yes	8772	22.52	32	17.78
Total	38958	100.00	180	100.00

Note that there were missing values of felt sad or hopeless almost every day for two weeks or more in a row in the past year for 1075 cases among OHYES! participants and 1 cases among board participants.

During the past 12 months, did you ever seriously consider attempting suicide?

Table 54: During the past year seriously considered attempting suicide

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.

Among those who have seriously considered attempting suicide in the past 12 months: During the past 12 months, how many times did you actually attempt suicide?

Table 55: Number of times attempted suicide during the past year

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.

Among those who attempted suicide in the past 12 months: If you attempted suicide during the past 12 months, did any attempt result in injury, poisoning, or overdose that had to be treated by a doctor or nurse?

Table 56: Attempted suicide that resulted in injury, poisoning, or overdose that had to be treated

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.

3. Coping Strategies

When you are stressed out, how do you manage it? Note: Respondents could select all that apply.

Table 57: When you are stressed out, how do you manage it?

	OHYES!		Board	
	Yes	%	Yes	%
I do not have any stress	5169	13.27	33	18.44
Manage stress through physical activity	19885	51.06	87	48.60
Manage stress through meditation, prayer, or relaxation	7658	19.66	26	14.53
Manage stress by participating in hobbies or community service	9448	24.26	43	24.02
Manage stress through creative expression	11795	30.29	46	25.70
Manage stress with support from others	10433	26.79	29	16.20
Manage stress by avoiding people who create drama	16720	42.93	85	47.49
Manage stress by limiting social media	5569	14.30	32	17.88

Note that there were missing values of how stress is managed for 1088 cases among OHYES! participants and 2 cases among board participants. Denominators for percentages are based on 38945 available cases among OHYES! participants and 179 available cases among board participants.

When was the last time you saw a doctor, nurse, therapist, social worker, or counselor for a mental health problem?

Table 58: Last time saw a health care provider for a mental health problem

	OHYES!		Board	
Response	n	%	n	%
During the past 12 months	11362	28.98	64	35.36
Between 12 and 24 months	1846	4.71	6	3.31
More than 24 months	1559	3.98	5	2.76
Never	17980	45.86	70	38.67
Not sure	6462	16.48	36	19.89
Total	39209	100.00	181	100.00

Note that there were missing values of last time students saw a health care provider for a mental health problem for 824 cases among OHYES! participants and 0 cases among board participants.

E. Substance Use

1. Alcohol

How old were you when you had your first drink of alcohol other than a few sips?

Table 59: Age when first drank more than few sips of alcohol

	OHYES!		Board	
Response	n	%	n	%
I have never had a drink of alcohol other than a few sips	26426	70.01	103	59.54
8 years old or younger	1402	3.71	12	6.94
9 or 10 years old	957	2.54	4	2.31
11 or 12 years old	1794	4.75	10	5.78
13 or 14 years old	3141	8.32	25	14.45
15 or 16 years old	3542	9.38	16	9.25
17 years old or older	485	1.28	3	1.73
Total	37747	100.00	173	100.00

Note that there were missing values of age first drank alcohol for 2286 cases among OHYES! participants and 8 cases among board participants.

Among those who have drunk alcohol: How old were you when you had your first drink of alcohol other than a few sips

Table 60: Age when first drank more than few sips of alcohol

	OHYES!		Board	
Response	n	%	n	%
8 years old or younger	1402	12.38	12	17.14
9 or 10 years old	957	8.45	4	5.71
11 or 12 years old	1794	15.85	10	14.29
13 or 14 years old	3141	27.74	25	35.71
15 or 16 years old	3542	31.29	16	22.86
17 years old or older	485	4.28	3	4.29
Total	11321	100.00	70	100.00

Note that there were missing values of age first drank alcohol for 0 cases among OHYES! participants and 0 cases among board participants.

During the past 30 days, did you drink one or more drinks of an alcoholic beverage?

Table 61: Consumed alcohol on one or more occasions during the past 30 days

	OHYES!		Board	
Response	n	%	n	%
I have never had a drink of alcohol other than a few sips	26426	70.17	103	59.54
No	7001	18.59	44	25.43
Yes	4234	11.24	26	15.03
Total	37661	100.00	173	100.00

Note that there were missing values of consumed alcohol on one or more occasions during the past 30 days for 2372 cases among OHYES! participants and 8 cases among board participants.

Among those who have ever consumed alcohol: During the past 30 days, did you drink one or more drinks of an alcoholic beverage?

Table 62: Consumed alcohol on one or more occasions during the past 30 days

	OHYES!		Board	
Response	n	%	n	%
No	7001	62.31	44	62.86
Yes	4234	37.69	26	37.14
Total	11235	100.00	70	100.00

Note that there were missing values of consumed alcohol on one or more occasions during the past 30 days for 86 cases among OHYES! participants and 0 cases among board participants.

Among those who have consumed alcohol in the past 30 days: During the past 30 days, on how many days did you have at least one drink of alcohol?

Table 63: Number of days consumed at least one drink of alcohol

	OHYES!		Board	
Response	n	%	n	%
1 or 2 days	2005	60.74	16	80.00
3 to 5 days	650	19.69	2	10.00
6 to 9 days	351	10.63	2	10.00
10 to 19 days	176	5.33	0	0.00
20 to 29 days	48	1.45	0	0.00
All 30 days	71	2.15	0	0.00
Total	3301	100.00	20	100.00

Note that there were missing values of number of days consumed at least one drink of alcohol for 933 cases among OHYES! participants and 6 cases among board participants.

Among those who have consumed alcohol in the past 30 days: During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

Table 64: Number of days with 5 or more drinks of alcohol within a couple of hours

	OHYES!		Board	
Response	n	%	n	%
0 days	1967	55.22	16	69.57
1 day	913	25.63	4	17.39
2 days	344	9.66	3	13.04
3 to 5 days	203	5.70	0	0.00
6 to 9 days	67	1.88	0	0.00
10 to 19 days	31	0.87	0	0.00
20 or more days	37	1.04	0	0.00
Total	3562	100.00	23	100.00

Note that there were missing values of number of days with 5 or more drinks of alcohol within a couple of hours for 672 cases among OHYES! participants and 3 cases among board participants.

Among those who have consumed alcohol in the past 30 days: During the past 30 days, how did you usually get your alcohol? Note: Respondents could select all that apply.

Table 65: During the past 30 days, how did you usually get your alcohol

	OHYES!		Board	
	Yes	%	Yes	%
Bought alcohol in a store	282	6.86	0	0.00
Bought alcohol at a public event	124	3.02	0	0.00
Gave someone else money to buy alcohol for me	1083	26.34	6	23.08
Someone gave alcohol to me	2016	49.03	12	46.15
Took alcohol from a store or family member	564	13.72	2	7.69
Parent gave alcohol to me	742	18.04	1	3.85
Friend's parent gave alcohol to me	413	10.04	2	7.69
I got alcohol some other way	1003	24.39	7	26.92

Note that there were missing values of during the past 30 days, how did you usually get your alcohol for 122 cases among OHYES! participants and 0 cases among board participants. Denominators for percentages are based on 4112 available cases among OHYES! participants and 26 available cases among board participants.

Among those who have consumed alcohol in the past 30 days: When do you usually drink alcohol?

Table 66: Time of day when usually drink

	OHYES!		Board	
Response	n	%	n	%
Before school	27	0.74	0	0.00
During school	49	1.34	0	0.00
After school	141	3.86	0	0.00
Week nights	152	4.16	0	0.00
Weekends	3287	89.91	20	100.00
Total	3656	100.00	20	100.00

Note that there were missing values of time of day when usually drink for 578 cases among OHYES! participants and 6 cases among board participants.

How much do you think people risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage once or twice a week?

Table 67: Risk of harm from having five or more drinks of an alcoholic beverage once or twice a week

	OHYES!		Board	
Response	n	%	n	%
No risk	4119	10.87	27	15.43
Slight risk	7667	20.23	36	20.57
Moderate risk	13595	35.87	59	33.71
Great risk	12521	33.04	53	30.29
Total	37902	100.00	175	100.00

Note that there were missing values of risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage once or twice a week for 2131 cases among OHYES! participants and 6 cases among board participants

How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

Table 68: How wrong parents would feel it is for you to have one or two drinks of an alcoholic beverage nearly every day

	OHYES!		Board	
Response	n	%	n	%
Not at all wrong	1488	3.94	6	3.33
A little bit wrong	2178	5.77	9	5.00
Wrong	6246	16.54	35	19.44
Very wrong	27854	73.75	130	72.22
Total	37766	100.00	180	100.00

Note that there were missing values of how wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day for 2267 cases among OHYES! participants and 1 cases among board participants

How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?

Table 69: How wrong friends would feel it is for you to have one or two drinks of an alcoholic beverage nearly every day

	OHYES!		Board	
Response	n	%	n	%
Not at all wrong	3503	9.35	15	8.43
A little bit wrong	5608	14.96	38	21.35
Wrong	11025	29.41	56	31.46
Very wrong	17349	46.28	69	38.76
Total	37485	100.00	178	100.00

Note that there were missing values of how wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day for 2548 cases among OHYES! participants and 3 cases among board participants.

How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?

Table 70: How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day

	OHYES!		Board	
Response	n	%	n	%
Neither approve nor disapprove	4975	13.31	31	17.51
Somewhat disapprove	6730	18.00	32	18.08
Strongly disapprove	25679	68.69	114	64.41
Total	37384	100.00	177	100.00

Note that there were missing values of how do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day for 2649 cases among OHYES! participants and 4 cases among board participants.

2. Tobacco and Vapor Products

During the past 30 days, did you smoke part or all of a cigarette?

Table 71: Smoked part or all of a cigarette in the past 30 days

	OHYES!		Board	
Response	n	%	n	%
No	37041	94.85	171	95.00
Yes	2010	5.15	9	5.00
Total	39051	100.00	180	100.00

Note that there were missing values of smoke part or all of a cigarette in 30 days for 982 cases among OHYES! participants and 1 cases among board participants.

Among those who smoked all or part of a cigarette in the past 30 days: During the past 30 days, on how many days did you smoke cigarettes?

Table 72: Number of days smoked cigarettes in the past 30 days

	OHYES!		Board	
Response	n	%	n	%
1 or 2 days	687	38.19	5	71.43
3 to 5 days	233	12.95	0	0.00
6 to 9 days	153	8.50	0	0.00
10 to 19 days	177	9.84	0	0.00
20 to 29 days	131	7.28	0	0.00
All 30 days	418	23.24	2	28.57
Total	1799	100.00	7	100.00

Note that there were missing values of number of days smoked cigarettes in past 30 days for 211 cases among OHYES! participants and 2 cases among board participants.

Among those who smoked all or part of a cigarette in the past 30 days: During the past 30 days, how did you usually get your own cigarettes? Note: Respondents could select all that apply.

Table 73: How cigarettes were obtained in the past 30 days

	OHYES!		Board	
	Yes	%	Yes	%
Bought them in a store such as a convenience store, supermarket, discount re, or gas station	435	22.09	2	22.22
Got cigarettes from the Internet	43	2.18	0	0.00
Bought cigarettes from vending machine	32	1.63	0	0.00
Gave someone else money to buy cigarettes	586	29.76	2	22.22
Borrowed (bummed) cigarettes from someone else	892	45.30	3	33.33
A person 18 years old or older gave them to me	542	27.53	1	11.11
Took cigarettes from a store	56	2.84	0	0.00
Took cigarettes from family member	416	21.13	1	11.11
Got cigarettes some other way	381	19.35	0	0.00

Note that there were missing values of how cigarettes were obtained in the past 30 days for 41 cases among OHYES! participants and 0 cases among board participants. Denominators for percentages are based on 1969 available cases among OHYES! participants and 9 available cases among board participants.

During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal Bandits, or Copenhagen?

Table 74: Number of days used chewing tobacco, snuff, or dip in the past 30 days

	OHYES!		Board	
Response	n	%	n	%
0 days	37640	96.66	174	97.75
1 or 2 days	424	1.09	2	1.12
3 to 5 days	168	0.43	0	0.00
6 to 9 days	106	0.27	1	0.56
10 to 19 days	106	0.27	0	0.00
20 to 29 days	96	0.25	0	0.00
All 30 days	399	1.02	1	0.56
Total	38939	100.00	178	100.00

Note that there were missing values of number of days used chewing tobacco, snuff, or dip in the past 30 days for 1094 cases among OHYES! participants and 3 cases among board participants.

During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

Table 75: Number of days smoked cigars, cigarillos, or little cigars in the past 30 days

	OHYES!		Board	
Response	n	%	n	%
0 days	37401	96.39	176	97.24
1 or 2 days	748	1.93	2	1.10
3 to 5 days	221	0.57	1	0.55
6 to 9 days	140	0.36	0	0.00
10 to 19 days	102	0.26	0	0.00
20 to 29 days	49	0.13	0	0.00
All 30 days	141	0.36	2	1.10
Total	38802	100.00	181	100.00

Note that there were missing values of number of days smoked cigars, cigarillos, or little cigars in the past 30 days for 1231 cases among OHYES! participants and 0 cases among board participants.

During the past 30 days, on how many days did you use an electronic vapor product?

Table 76: Number of days used an electronic vapor product in the past 30 days

	OHYES!		Board	
Response	n	%	n	%
0 days	35309	91.02	163	90.56
1 or 2 days	1559	4.02	8	4.44
3 to 5 days	610	1.57	4	2.22
6 to 9 days	379	0.98	4	2.22
10 to 19 days	361	0.93	0	0.00
20 to 29 days	153	0.39	0	0.00
All 30 days	423	1.09	1	0.56
Total	38794	100.00	180	100.00

Note that there were missing values of number of days used an electronic vapor product in the past 30 days for 1239 cases among OHYES! participants and 1 cases among board participants.

How much do you think people risk harming themselves physically or in other ways if they smoke one or more packs of cigarettes per day?

Table 77: Perceived risk tobacco use one or more packs daily

	OHYES!		Board	
Response	n	%	n	%
No risk	3320	8.84	15	8.52
Slight risk	3881	10.33	19	10.80
Moderate risk	7823	20.83	44	25.00
Great risk	22533	60.00	98	55.68
Total	37557	100.00	176	100.00

Note that there were missing values of perceived risk tobacco use one or more packs daily for 2476 cases among OHYES! participants and 5 cases among board participants.

How wrong do your parents feel it would be for you to smoke tobacco?

Table 78: Perception of parental disapproval for smoking tobacco

	OHYES!		Board	
Response	n	%	n	%
Not at all wrong	1012	2.68	5	2.78
A little bit wrong	1229	3.26	6	3.33
Wrong	4269	11.31	24	13.33
Very wrong	31225	82.75	145	80.56
Total	37735	100.00	180	100.00

Note that there were missing values of perception of parental disapproval for smoking tobacco for 2298 cases among OHYES! participants and 1 cases among board participants.

How wrong do your friends feel it would be for you to smoke tobacco?

Table 79: Perception of peer disapproval for smoking tobacco

	OHYES!		Board	
Response	n	%	n	%
Not at all wrong	3108	8.31	10	5.68
A little bit wrong	4125	11.02	26	14.77
Wrong	9346	24.98	50	28.41
Very wrong	20839	55.69	90	51.14
Total	37418	100.00	176	100.00

Note that there were missing values of perception of peer disapproval for smoking tobacco for 2615 cases among OHYES! participants and 5 cases among board participants.

3. Prescription Drugs

During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?

Table 80: In lifetime, number of times taken a prescription drug without a doctor's prescription

	OHYES!		Board	
Response	n	%	n	%
0 times	35640	92.07	172	96.09
1 or 2 times	1485	3.84	3	1.68
3 to 9 times	732	1.89	2	1.12
10 to 19 times	306	0.79	1	0.56
20 to 39 times	133	0.34	0	0.00
40 or more times	413	1.07	1	0.56
Total	38709	100.00	179	100.00

Note that there were missing values of number of times taken a prescription drug without a doctor's prescription in lifetime for 1324 cases among OHYES! participants and 2 cases among board participants.

During the past 30 days, have you used prescription drugs not prescribed to you?

Table 81: Any past 30-day prescription drug misuse/abuse

	OHYES!		Board	
Response	n	%	n	%
I have never taken a prescription drug without a doctor's prescription	35640	92.11	172	96.09
No	2318	5.99	5	2.79
Yes	735	1.90	2	1.12
Total	38693	100.00	179	100.00

Note that there were missing values of past 30-day misuse/abuse of prescription drugs for 1340 cases among OHYES! participants and 2 cases among board participants.

Among those who have taken a prescription drug without a doctor's prescription: During the past 30 days, have you used prescription drugs not prescribed to you?

Table 82: Any past 30-day prescription drug misuse/abuse

	OHYES!		Board	
Response	n	%	n	%
No	2318	75.93	5	71.43
Yes	735	24.07	2	28.57
Total	3053	100.00	7	100.00

Note that there were missing values of past 30-day misuse/abuse of prescription drugs for 16 cases among OHYES! participants and 0 cases among board participants.

Among those who have used a prescription drug not prescribed in the past 30 days: During the past 30 days, have you used prescription pain relievers or pain killers such as Vicodin, Percocet, OxyContin, Lortabs, or Codeine (also called Oxy, OxyContin, OS, Norco or Vikes) that were not prescribed to you?

Table 83: Any past 30 day use of prescription pain relievers or pain killers not prescribed to you

	OHYES!		Board	
Response	n	%	n	%
No	320	43.90	1	50.00
Yes	409	56.10	1	50.00
Total	729	100.00	2	100.00

Note that there were missing values of past 30-day misuse/abuse of prescription pain relievers for 6 cases among OHYES! participants and 0 cases among board participants.

Among those who have used a prescription drug not prescribed in the past 30 days: What type of prescription drug do you usually take without a doctor's prescription?

Table 84: Type of prescription drug usually misused

	OHYES!		Board	
Response	n	%	n	%
Narcotic pain relievers, such as OxyContin, Percocet, Vicodin, or Lortabs	184	25.63	0	0.00
Tranquilizers or anti-anxiety drugs such as Xanax, or Valium	87	12.12	0	0.00
Sleeping pills, sedatives and other depressants such as Ambien, or phenobarbital	105	14.62	1	50.00
Stimulants or amphetamines such as Ritalin (also called Vitamin R or Study Drug)	60	8.36	0	0.00
I take multiple types of prescription drugs at the same time	58	8.08	0	0.00
Not sure	149	20.75	0	0.00
Total	718	100.00	2	100.00

Note that there were missing values of prescription type for 17 cases among OHYES! participants and 0 cases among board participants.

Among those who have used a prescription drug not prescribed in the past 30 days: When do you usually use prescription drugs not prescribed to you?

Table 85: Time of day when usually misuse prescription drugs

	OHYES!		Board	
Response	n	%	n	%
Before school	73	13.25	0	0.00
During school	55	9.98	0	0.00
After school	110	19.96	0	0.00
Week nights	123	22.32	0	0.00
Weekends	190	34.48	1	100.00
Total	551	100.00	1	100.00

Note that there were missing values of when prescription drugs not prescribed were used for 184 cases among OHYES! participants and 1 cases among board participants.

How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribed to them?

Table 86: Perceived risk/harm for prescription drugs

	OHYES!		Board	
Response	n	%	n	%
No risk	2641	7.06	10	5.68
Slight risk	3706	9.91	25	14.20
Moderate risk	9785	26.15	43	24.43
Great risk	21283	56.88	98	55.68
Total	37415	100.00	176	100.00

Note that there were missing values of perceived risk/harm for prescription drugs for 2618 cases among OHYES! participants and 5 cases among board participants.

How wrong do your parents feel it would be for you to use prescription drugs not prescribed to you?

Table 87: Perception of parental disapproval for prescription drug misuse/abuse

	OHYES!		Board	
Response	n	%	n	%
Not at all wrong	912	2.42	2	1.12
A little bit wrong	1106	2.94	6	3.35
Wrong	4190	11.14	27	15.08
Very wrong	31419	83.50	144	80.45
Total	37627	100.00	179	100.00

Note that there were missing values of perception of parental disapproval for prescription drug misuse/abuse for 2406 cases among OHYES! participants and 2 cases among board participants.

How wrong do your friends feel it would be for you to use prescription drugs not prescribed to you?

Table 88: Perception of peer disapproval for prescription drugs

	OHYES!		Board	
Response	n	%	n	%
Not at all wrong	2078	5.56	8	4.52
A little bit wrong	3133	8.39	15	8.47
Wrong	8846	23.69	46	25.99
Very wrong	23290	62.36	108	61.02
Total	37347	100.00	177	100.00

Note that there were missing values of perception of peer disapproval for prescription drugs for 2686 cases among OHYES! participants and 4 cases among board participants.

4. Over-the-Counter Medications

During your life, how many times have you taken over-the-counter medications such as cold medicine, allergy medicine, or pain reliever to get high?

Table 89: In lifetime, number of times taken over the counter medication to get high

	OHYES!		Board	
Response	n	%	n	%
0 times	35269	91.52	169	94.94
1 or 2 times	905	2.35	2	1.12
3 to 9 times	753	1.95	2	1.12
10 to 19 times	549	1.42	2	1.12
20 to 39 times	334	0.87	0	0.00
40 or more times	726	1.88	3	1.69
Total	38536	100.00	178	100.00

Note that there were missing values of over the counter medication taken to get high for 1497 cases among OHYES! participants and 3 cases among board participants.

5. Marijuana

How old were you when you tried marijuana for the first time?

Table 90: Age when first tried marijuana

	OHYES!		Board	
Response	n	%	n	%
I have never tried marijuana	33260	85.94	152	84.44
8 years old or younger	265	0.68	0	0.00
9 or 10 years old	275	0.71	3	1.67
11 or 12 years old	857	2.21	2	1.11
13 or 14 years old	1817	4.69	9	5.00
15 or 16 years old	1999	5.17	13	7.22
17 years old or older	229	0.59	1	0.56
Total	38702	100.00	180	100.00

Note that there were missing values of age when marijuana was first used for 1331 cases among OHYES! participants and 1 cases among Board participants.

Among those who have tried marijuana: How old were you when you tried marijuana for the first time?

Table 91: Age when first tried marijuana

	OHYES!		Board	
Response	n	%	n	%
8 years old or younger	265	4.87	0	0.00
9 or 10 years old	275	5.05	3	10.71
11 or 12 years old	857	15.75	2	7.14
13 or 14 years old	1817	33.39	9	32.14
15 or 16 years old	1999	36.73	13	46.43
17 years old or older	229	4.21	1	3.57
Total	5442	100.00	28	100.00

Note that there were missing values of age when marijuana was first used for 0 cases among OHYES! participants and 0 cases among Board participants.

During the past 30 days, have you used marijuana or hashish?

Table 92: Used marijuana or hashish during the past 30 days

	OHYES!		Board	
Response	n	%	n	%
I have never tried marijuana	33260	86.02	152	84.44
No	3063	7.92	19	10.56
Yes	2344	6.06	9	5.00
Total	38667	100.00	180	100.00

Note that there were missing values of used marijuana or hashish during the past 30 days for 1366 cases among OHYES! participants and 1 cases among board participants.

Among those who have tried marijuana: During the past 30 days, have you used marijuana or hashish?

Table 93: Used marijuana or hashish during the past 30 days

	OHYES!		Board	
Response	n	%	n	%
No	3063	56.65	19	67.86
Yes	2344	43.35	9	32.14
Total	5407	100.00	28	100.00

Note that there were missing values of used marijuana or hashish during the past 30 days for 35 cases among OHYES! participants and 0 cases among board participants.

Among those who have used marijuana in the past 30 days: During the past 30 days, how many times did you use marijuana?

Table 94: Number of times used marijuana in the past 30 days

	OHYES!		Board	
Response	n	%	n	%
1 or 2 times	719	31.80	4	44.44
3 to 9 times	554	24.50	0	0.00
10 to 19 times	294	13.00	1	11.11
20 to 39 times	226	10.00	1	11.11
40 or more times	468	20.70	3	33.33
Total	2261	100.00	9	100.00

Note that there were missing values of number of times used marijuana in the past 30 days for 83 cases among OHYES! participants and 0 cases among board participants.

Among those who have used marijuana in the past 30 days: During the past 30 days, how did you usually use marijuana?

Table 95: Usual method of using marijuana

	OHYES!		Board	
Response	n	%	n	%
I smoked it in a joint, bong, pipe, or blunt	2017	90.81	8	88.89
I ate it in food such as brownies, cakes, cookies, or candy	84	3.78	1	11.11
I drank it in tea, cola, alcohol, or other drinks	9	0.41	0	0.00
I vaporized it	60	2.70	0	0.00
I used it some other way	51	2.30	0	0.00
Total	2221	100.00	9	100.00

Note that there were missing values of usual method of using marijuana for 123 cases among OHYES! participants and 0 cases among board participants.

Among those who have used marijuana in the past 30 days: When do you usually use marijuana?

Table 96: Time of day when usually use marijuana

	OHYES!		Board	
Response	n	%	n	%
Before school	94	4.30	0	0.00
During school	42	1.92	1	12.50
After school	397	18.18	3	37.50
Week nights	239	10.94	1	12.50
Weekends	1412	64.65	3	37.50
Total	2184	100.00	8	100.00

Note that there were missing values of time of day when usually use marijuana for 160 cases among OHYES! participants and 1 cases among board participants.

How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?

Table 97: Risk of harm if smoke marijuana once or twice a week

	OHYES!		Board	
Response	n	%	n	%
No risk	7386	19.69	42	24.14
Slight risk	7685	20.49	44	25.29
Moderate risk	9777	26.06	50	28.74
Great risk	12666	33.76	38	21.84
Total	37514	100.00	174	100.00

Note that there were missing values of risk of harm if smoke marijuana once or twice a week for 2519 cases among OHYES! participants and 7 cases among board participants.

How wrong do your parents feel it would be for you to smoke marijuana?

Table 98: How wrong parents would feel it is for you to smoke marijuana

	OHYES!		Board	
Response	n	%	n	%
Not at all wrong	1478	3.93	10	5.56
A little bit wrong	2062	5.48	8	4.44
Wrong	3826	10.17	26	14.44
Very wrong	30236	80.41	136	75.56
Total	37602	100.00	180	100.00

Note that there were missing values of how wrong do your parents feel it would be for you to smoke marijuana for 2431 cases among OHYES! participants and 1 cases among board participants.

How wrong do your friends feel it would be for you to smoke marijuana?

Table 99: How wrong friends would feel it is for you to smoke marijuana

	OHYES!		Board	
Response	n	%	n	%
Not at all wrong	5837	15.63	23	12.92
A little bit wrong	4576	12.25	33	18.54
Wrong	7141	19.12	29	16.29
Very wrong	19798	53.00	93	52.25
Total	37352	100.00	178	100.00

Note that there were missing values of how wrong do your friends feel it would be for you to smoke marijuana for 2681 cases among OHYES! participants and 3 cases among board participants.

How do you feel about someone your age trying marijuana or hashish once or twice?

Table 100: How do you feel about someone your age trying marijuana or hashish once or twice

	OHYES!		Board	
Response	n	%	n	%
Neither approve nor disapprove	9462	25.25	46	26.44
Somewhat disapprove	6242	16.66	26	14.94
Strongly disapprove	21772	58.10	102	58.62
Total	37476	100.00	174	100.00

Note that there were missing values of how do you feel about someone your age trying marijuana or hashish once or twice for 2557 cases among OHYES! participants and 7 cases among board participants.

How do you feel about someone your age using marijuana once a month or more?

Table 101: How do you feel about someone your age using marijuana once a month or more

	OHYES!		Board	
Response	n	%	n	%
Neither approve nor disapprove	9527	25.60	50	28.57
Somewhat disapprove	6354	17.08	28	16.00
Strongly disapprove	21328	57.32	97	55.43
Total	37209	100.00	175	100.00

Note that there were missing values of how do you feel about someone your age using marijuana once a month or more for 2824 cases among OHYES! participants and 6 cases among board participants.

6. Illicit Drugs

During the past 12 months, has anyone offered, sold, or given you an illegal drug at any of the following places? Note: Respondents could select all that apply

Table 102: Illegal drugs solicitation in the past 12 months

	OHYES!		Board	
	Yes	%	Yes	%
On school property	1621	4.27	6	3.51
On the school bus	521	1.37	1	0.58
At a friend's house	1906	5.03	6	3.51
In my neighborhood	1662	4.38	13	7.60
At none of these locations	34207	90.20	154	90.06

Note that there were missing values of illegal drugs solicitation items for 2111 cases among OHYES! participants and 10 cases among board participants. Denominators for percentages are based on 37922 available cases among OHYES! participants and 171 available cases among board participants.

F. Gambling

During the past 12 months, how often did you gamble money or personal items such as while playing cards, betting on personal skills or sports teams, buying lottery tickets or scratch-offs, or using the Internet?

Table 103: Frequency gambled money or personal items in the past 12 months

	OHYES!		Board	
Response	n	%	n	%
I did not gamble money or personal items during the past 12 months	31034	85.85	135	78.95
Less than once a month	2699	7.47	17	9.94
About once a month	1148	3.18	10	5.85
About once a week	690	1.91	6	3.51
Daily	579	1.60	3	1.75
Total	36150	100.00	171	100.00

Note that there were missing values of frequency gambled money or personal items in the past 12 months for 3883 cases among OHYES! participants and 10 cases among board participants.

Among those who have gambled in the past 12 months: During the past 12 months, how often did you gamble money or personal items such as while playing cards, betting on personal skills or sports teams, buying lottery tickets or scratch-offs, or using the Internet?

Table 104: Frequency gambled money or personal items in the past 12 months

	OHYES!		Board	
Response	n	%	n	%
Less than once a month	2699	52.76	17	47.22
About once a month	1148	22.44	10	27.78
About once a week	690	13.49	6	16.67
Daily	579	11.32	3	8.33
Total	5116	100.00	36	100.00

Note that there were missing values of frequency gambled money or personal items in the past 12 months for 0 cases among OHYES! participants and 0 cases among board participants.

Among those who have gambled in the past 12 months: During the last 12 months, have you ever gambled more than you planned to?

Table 105: Gambled more than planned in the last 12 months

	OHYES!		Board	
Response	n	%	n	%
No	3769	74.28	27	75.00
Yes	1305	25.72	9	25.00
Total	5074	100.00	36	100.00

Note that there were missing values of gambled more than planned in the last 12 months for 42 cases among OHYES! participants and 0 cases among board participants.

Among those who have gambled in the past 12 months: During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

Table 106: Felt bad about the amount bet or about what happens when betting in the last 12 months

	OHYES!		Board	
Response	n	%	n	%
No	3945	78.29	27	75.00
Yes	1094	21.71	9	25.00
Total	5039	100.00	36	100.00

Note that there were missing values of felt bad about the amount bet or about what happens when betting in the last 12 months for 77 cases among OHYES! participants and 0 cases among board participants.

Among those who have gambled in the past 12 months: During the last 12 months, have you ever hidden from family or friends any betting slips, I.O.U.s, lottery tickets, money that you have won, or other signs of gambling?

Table 107: Hidden from family or friends signs of gambling in the last 12 months

	OHYES!		Board	
Response	n	%	n	%
No	4420	88.51	33	94.29
Yes	574	11.49	2	5.71
Total	4994	100.00	35	100.00

Note that there were missing values of hidden from family or friends signs of gambling in the last 12 months for 122 cases among OHYES! participants and 1 cases among board participants.

Among those who have gambled in the past 12 months: Have you ever lied to people important to you about how much you gamble?

Table 108: Lied to important people about gambling

	OHYES!		Board	
Response	n	%	n	%
No	2957	89.36	27	100.00
Yes	352	10.64	0	0.00
Total	3309	100.00	27	100.00

Note that there were missing values of lied to important people about gambling for 1807 cases among OHYES! participants and 9 cases among board participants.

G. Sexual Health

1. Sexual Behavior

Have you ever had sexual intercourse?

Table 109: Ever had sexual intercourse

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.

Among those who reported ever having sexual intercourse: The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?

Table 110: Method of pregnancy prevention during last sexual intercourse

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.

Among those who reported ever having sexual intercourse: The last time you had sexual intercourse, did you or your partner use a condom?

Table 111: Used a condom during last sexual intercourse

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.

Among those who reported ever having sexual intercourse: During the past 3 months, with how many people did you have sexual intercourse?

Table 112: Number of sexual intercourse partners in the last 3 months

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.

Among those who reported ever having sexual intercourse: Did you drink alcohol or use drugs before you had sexual intercourse the last time?

Table 113: Drank alcohol or use drugs before last sexual intercourse

This question was not asked among board participants.

Note that this item only appears on the optional version of the survey instrument.